



Badge of Honour
Page 2



Social Media Day
Page 6



Story of Tejarani
Page 9



Village Visit
Page 9

Fostering Future Leaders



Honouring Retd. IPS Officer Smt. Tejdeep Kaur Menon

Yukti Jain , Snigdha Bhupathi

On July 18, 2025 Investiture Ceremony was held marking the official induction of the new student council and newly elected core committee members of all the clubs, reinforcing the college's commitment to cultivating leadership, responsibility, and active student participation. The event was highlighted by an inspiring address from chief guest **Tejdeep Kaur Menon**, a respected IPS officer, emphasized the critical role of young leaders in shaping not only the college environment but also society. The ceremony's pivotal moment was the oath-taking by the new student council members, including the President, Vice President, Cultural Secretary, and Sports Secretary. Each leader pledged to uphold the

college's core values with integrity, fairness, and dedication. Prof. T. Uma Joseph, Principal congratulated the student leaders and underlined true leadership focusing on service, positive influence within and beyond the campus. The event was further enlivened by performances by the College Choir and a vibrant cultural presentation. The Investiture Ceremony reaffirmed the College's dedication to empowering students through responsibility. As these new leaders step into their roles, the college looks forward to leadership marked by fairness, empathy, and a purposeful vision. This important occasion serves as a reminder that leadership is built on character, courage, and unwavering commitment within the students.

New Beginnings Unfold

Keyaa Waikar, Paata Uttej

St. Francis College for Women, Begumpet, hosted a Freshers party on July 25, 2025 celebrating the new batch with a vibrant "Disco Deewane" theme. The event opened with prayer, dance, and Principal, Prof. T. Uma Joseph's address, urging students to cherish presence over performance. The Miss Fresher's Contest featured 12 participants competing in ramp walk, talent, and Q&A rounds. **Shailaja Shanmukam (B.Com)** was crowned Miss Fresher 2025, with Catherine Shah and Krishitha Choud



Ms Fresher Crowned

hary as runners-up. Chief guests and judges Monica Arya Reddy and Deborah Doris Fell praised the lively performances. The day was packed with a variety of activities aimed at fostering connections, building camaraderie and providing an overview of the many opportunities available at college.

New Council, New Vision

Tanusree Gupta

In a spirited display of purpose and leadership, the newly elected Student Council of St. Francis College has officially assumed office for the academic year 2025. Each member brings a distinct blend of purpose, empathy and innovation collectively promising to make student life more meaningful, inclusive and impactful. At the forefront is the President, **M. Divyana** who sees her role as a bridge between students and the college management. Her vision is rooted in three goals- cultivating inclusivity, enhancing extra-curricular vibrancy and building collaboration across student bodies.

and accountability.

Coordinating council efforts behind the scenes is UG General Secretary, **Suhana Shaik**, who believes in communication and collaboration. PG General Secretary, **Spruthi Sharma** to enhance postgraduate engagement with tailored cultural and mental wellness initiatives. The Sports Secretary, **Pragya Mishra**, wishes to bring broader student participation, better infrastructure, and a future Student Sports Council. Cultural Secretaries, **M. Vaghdevi** and **K. Nikitha** hopes to leave a lasting dance culture through a permanent dance club and inter-departmental competitions.



Newly elected Student Council 2025

Joining her is Vice President, **Taiba Hassan** who is reshaping ideas around leadership. "I didn't think, I was Council material, but that's the narrative I need to break," she expressed. **Sarah Shaiju**, Treasurer, brings not just financial acumen but a love for structure

While their roles vary, the council shares a unified commitment to enriching student life. Their message to peers is clear: leadership isn't about having all the answers, but the courage to show up, connect, and create change.

Let the adventure begin...

P. Manvitha Sarayu, Prarthana Gupta

St. Francis College for Women, welcomes the batch of 2025, orienting them and their parents about the core values, mission & vision of the institution. The college also commemorated 25 years of its Internal Quality Assurance Cell (IQAC), recognizing its contributions to sustaining & improving academic quality. Students were briefed on evaluation methods for theory and practical courses, malpractice rules, qualifying criteria, and supplementary exams. As part of the tech onboarding, students were introduced to the Linways portal. Beyond academics, students were

introduced to the college's vibrant co-curricular ecosystem. Units like NSS, NCC, Sports, Rotaract, and Rangers showcased ways to get involved, while clubs dedicated to departments, music, dance, debate, entrepreneurship & environment offered freshers a glimpse into campus' collaborative initiatives. The orientation emphasized student support systems, including counseling, career guidance and the student council. To ensure smooth integration into college life, key rules were reiterated regarding attendance, ID cards, dress code, punctuality, conduct, attendance and college timings.

Badge of Honour

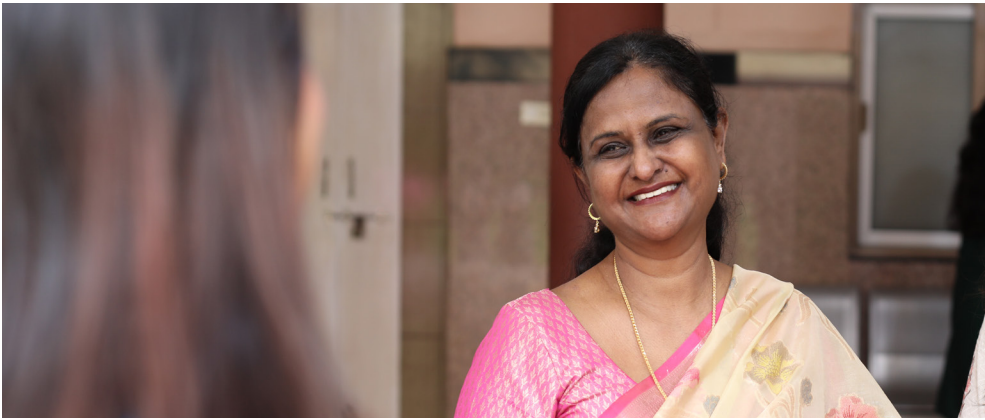
Tina Pathloth, N.S Sanjiti

The Principal of St Francis college, Dr. T. Uma Joseph, has been awarded the prestigious academic title of Professor in History by the Commissioner of College Education, Government of Telangana. This is the first time such a recognition is extended to faculty working in colleges, as earlier it was only reserved for university teachers.

In her chat with the campus herald, she describes it as a “true acknowledgement” of her contribution to research and training and said it motivates her to continue contributing meaningfully to the academic community.

Balancing roles in teaching, research and administration, she credits her success to her passion, time management, clear priorities and dedicated team. “When you truly enjoy what you do, the work itself becomes rewarding”, she said.

Looking back, she said the greatest



Professor T. Uma Joseph, in conversation with Campus Herald

reward is the love and respect received from her students. A moment of pride was meeting a former student who is now the Head of the Department in OU seated on the interview panel for her promotion as a Professor.

Her passion for history began in childhood and teaching it became a way to fulfill her passion. She believes history helps students develop critical thinking, understand society and become responsible citizens.

Commenting on today's generation, she expressed hope, praising their curiosity, confidence and ability to challenge norms. “They are not just preparing for the future, they are shaping it” she said.

However, she pointed out challenges such as retaining students' attention in the digital world and meeting heavy accreditation demands. Therefore, she stressed the need for flexible systems that value innovation and meaningful learning over mere metrics.

Strength Boost

Prarthana Gupta

A state-of-the-art gym was officially inaugurated at St.Francis College for Women on June 18, 2025 by Dr. Vidya Sravanthi(Chief Guest), along with the Principal, faculty members, and students.

The inaugural ceremony celebrated the opening of a fully equipped fitness centre, featuring modern workout machines, free weights, and space for yoga and aerobic activities located on the first floor, near Aaram Viram. The gym was established to encourage a culture of physical fitness and mental well-being among the college community.

The gym was planned and constructed over the past six months and the event concluded with a demonstration of the gym equipment and a short fitness workshop by a certified trainer.



Gym Inaugural

Culinary Corner

Bushra Shareef

St. Francis inaugurated its new canteen, MeaRosa, on July 14, 2025, near Shubram. Designed as a vibrant space for students, faculty, and staff to connect and refresh, its name blends the founders' names (St. Bartolomea Capitanio and St. Vincenza Gerosa) while also meaning “My Rose,” symbolizing beauty, comfort, and devotion. The inauguration was graced by Smt. Tejdeep Kaur Menon (Retd. DGP, Telangana) as Chief Guest, along with Sr. Alphonsa Vattoly, Principal, Vice Principal, Correspondent, the management, HODs, and sisters of charity.

Fire safety mockdrill by IQAC, DRF

Harshitha Tammeneni

On June 25, 2025 St. Francis College for Women conducted a mock fire and emergency drill in the campus Quadrangle to promote fire safety awareness and emergency preparedness.

The event organised by the Internal Quality Assurance Cell (IQAC) in collaboration with the Disaster Response Force included live demonstrations using gas cylinders, plastic buckets, and fire extinguishers to simulate real-life scenarios.



Firefighters at action

A team of five police officers, led by Mr. Mohan Rao, Asst. Constable briefed participants on essential fire safety protocols, including the chemical nature of fire, common causes of fire outbreaks, and appropriate first-response measures. Key safety

guidelines were explained, such as calling emergency number 101, evacuating calmly in single file, avoiding elevators, assisting vulnerable individuals, and never using water on electrical fires, the need to evacuate within a “golden window” of three minutes etc.

The drill successfully reinforced the importance of readiness and swift action in emergencies. The event was well-received and marked a significant step towards building a culture of safety on campus.

THE Baking Culture®

Hyderabad's Finest Bakery

- 100% Eggless
- Premium Ingredients
- Endless Customisation
- Delivery Across Hyderabad

SCAN ME

OUR PRODUCTS

+91 63819 18677 WWW.THEBAKINGCULTURE.COM

ANTHM

Where luxury finds its Rhythm!



Step into Anthm, and the city fades. Here, the lines between leisure and luxury blur into a symphony of curated elegance – Hyderabad's most striking destination, where every corner sings of art, ambition, and aesthetic perfection.

Anchored in the heart of the Financial District, Anthm is not just a lounge – It's an experience. Draped in ivory tones, framed by sweeping palms and glass walls that drink in the golden dusk, it evokes the calm allure of the Maldives, the quiet grandeur of Miami, and the timeless charm of a European promenade. The vibe? Unmistakably Anthm.

The space flows like a well written verse – spacious, breezy, intentional. A pool ripples gently beside in water seating. Soft lighting glows like candlelight on skin. Conversations drift over glasses of wine and global plates – from the smokiness of a charcoal grilled chop to the whisper of pistachio cream on hand rolled pasta.

Whether you're gathering for golden hour cocktails, celebrating milestones beneath the moonlight, or losing track of time over crafted courses, Anthm offers the city's finest stage to simply be. Bold yet effortless. Grand yet grounded.

Here, every evening is an ode to good taste. And every guest, part of the story.

ANTHM, 9136596999

252/7, Nanakramguda, Financial District, Hyderabad.



From decadent desserts to luxurious customised cakes, Miell is your destination for all things sweet and soulful!



+91 9949519446

@miellpatisseriehyd

Road no 9, Banjara Hills

Miell, made to linger.

Wicks and Wonders

Modern scents. Clean ingredients. Pure wonder.



Handmade sculpted bouquet candles

- Long-lasting
- Chemical-free
- Natural fragrance
- Perfect for gifting

9246361503

@wicks.nwonders

Environment, Climate change and Communication

Teki Mounika

The Department of Mass Communication organised a seminar on *Framing the Future: Environment, Climate Change and Communication* on June 25, 2025, in Capitanio Hall, for all students of Mass Communication BA & MA. The session explored the intersection of environmental issues and the communicative responsibilities of media students.

Led by Mr. Ravi Kumar, Head of the Department, the seminar aimed to deepen students' understanding of

pressing environmental challenges. The Principal, Prof. T. Uma Joseph, called the seminar a timely outcome-based education initiative, underscoring communication's role in driving change.

Dr. Shailendra Boora SJ, an environmental communication scholar, educator, and documentary filmmaker served as chief guest and keynote speaker.

Dr. Boora urged students to reflect on their roles in environmental protection. "The environment is constantly changing, and we have to take care of it differently," he said.

He discussed environmental challenges such as overpopulation, global warming, and pollution, along with key concepts like ecosystem, environmental degradation, and climate change.

Solutions drawn from rural and urban contexts included solar energy, decentralisation, combating fast fashion, and sustainable practices. Aligning with the SDGs (2025–2030), he urged safeguarding natural resources. The highly interactive seminar featured debates, discussions, and a group activity where students analysed environmental issues reported

in newspapers, linking theory to real-world observation.

The seminar inspired students to embrace their role as communicators contributing to environmental change.



Students participating in a group activity.

AI-Driven skills empower media students



Mr. Udumula imparting AI skills

M. Divya, T. Harshitha

An insightful workshop on *AI Tools and Techniques* for Media Students was held on campus on July 22, 2025, led by Mr. Sudhakar Reddy Udumula, senior investigative journalist of The Times of India. The session introduced media students to the evolving role of Artificial Intelligence (AI) in journalism and digital media.

Mr. Reddy began with an overview of AI types, from narrow AI to ad-

vanced systems, and its growing influence across industries, warning that while AI may replace many jobs, human oversight remains crucial. He emphasized ethical use, stating, "AI is like an AK-47—you can defend yourself or destroy others."

Students explored AI tools such as ChatGPT, Perplexity, Notebook LM, Grammarly, Google AI Studio, and Gemini, along with prompt engineering techniques.

The workshop addressed bias in AI,

citing Amazon's hiring tool that favored male candidates, stressing fairness and accountability. Concerns around deep fakes and misinformation were also discussed, with tools like Hive Moderation and AIorNot.com introduced for detection.

The session equipped students with practical skills and critical awareness, highlighting AI's dual role as both a powerful growth tool and a potential risk in the media landscape.

Lights, Camera, Freshers!

Welcome to Commuscar 2025



Freshers enjoy the welcoming session of Commuscar 2025, hosted by the Communis Club

Muskan Mishra

On July 18, 2025, Communis, the Mass Communication Club of the college, organised a fun and welcoming event called Commuscar 2025 for first-year students. The programme began at 2:10 PM in the Mass Communication Lab.

The celebration began with an introduction of the core committee members of the club followed by remarks from Communis Club President Ms. Tanisha Bokaria, followed by the Cultural Secretaries lively dance performance. Fun games such as Balloons Hidden Under Chairs and Dumb Charades had everyone laughing and enjoying themselves.

The celebration concluded with a mini concert held under dim lights, creating a cool, relaxed, and joyful atmosphere for all. Overall, it was an event filled with fun, laughter, and cherished memories, especially for the freshers, who left feeling truly welcomed and excited for the experiences at SFC.



Dressed in coordinated attire, members of the Communis Club formally introduce themselves to the audience

KARAN JAIN 9246278303

ARJUN JAIN 9063275743

gourangcaterers@gmail.com

गौरांग EVENT PLANNER & CATERING
WHERE QUALITY COUNTS

PLOT NO. 61 CHANDULAL BOWLI SANJEEVIAH COLONY, SIKH VILLAGE, TADBUN

INSTAGRAM: GOURANG_CATERERS

Wedding • Birthday Parties • Private Dining • Rooms
Outdoor Catering • Restaurants • Adventure Park

Educate to Empower; Preventing Drug Day Abuse



Principal Flags off Drug awareness rally

Tara Anwar

St Francis college for women and Narcotics Control Bureau (NCB) jointly organised an awareness programme about the dangers of drug abuse, marking the International Day against Drug Abuse and Illicit trafficking on June 26, 2025 based on the theme “Breaking the chains- Prevention, Treatment and Recovery for all”.

The programme was orchestrated by NCC, NSS and Sports wings of SFC and it featured a range of activities like flash mob, campus-wide rally, skit, poster, slogan writing competition and Q&A session with experts

Mr. Ashish Chakravarti, Superintendent of NCB, Hyderabad addressed the students explaining the Narcotic Drugs and Psychotropic Substances (NDPS) Act. He said that drug abuse is an issue of mental health as much as a legal concern. He reminded the students the purpose of them coming to college i.e to explore opportunities in education, sports while discovering their hobbies and talents. “Don’t let drugs derail your purposeful journey”, he concluded.

Other dignitaries include, Dr. Devika Rani Kanakula, founder of the Amrita foundation society, the college Princi-

pal and the Deans united to encourage students to become ambassadors of a drug-free society.

A skit was presented depicting the devastating effects of addiction on families, followed by an interactive Q&A session and the attendees pledged to lead drug free lives.

This collaborative effort highlights the role educational institutions have to play in fostering generations with a mindset to lead responsible lives.



“Say no to drugs and Yes to life”

Yoga and Wellbeing



United for Health

P. Manvitha Sarayu

Commemorating International Yoga Day, St Francis College hosted an empowering yoga session by certified RYT Yoga Instructor, Ms. Saloni Vyas on June 20, 2025 organised by the college’s NSS, NCC and Sports department.

The session offered students more than physical wellness. It became a shared experience of mindfulness, strength, and balance. Ms. Vyas led participants through foundational postures and breathing techniques, highlighting yoga’s philosophy of peace and resilience. Participants, from seasoned enthusiasts to first-timers, showed enthusiasm and focus, creating an atmosphere of calm energy and shared purpose, nurturing physical and emotional health.

SFC library promotes reading culture



SFC Library's Vast Book Collection

N.S Sanjiti

The Department of Library, along with its club-shastr of St. Francis College organised a book exhibition on June 19, 2025 commemorating the National Reading Day with an aim to draw students to the library and to build and promote the culture of reading.

Claiming to be one of the biggest libraries with the best and vast collection of books, SFC library welcomed

students, book enthusiasts, knowledge seekers and bookworms from the city’s junior, degree and PG colleges. Students of St. Joseph’s, St. Mary’s, St. Ann’s and St. Francis junior college attended the event appreciating the initiative and the facilities at the SFC Library.

Further, demonstrating the college’s commitment to go green, the attendees of the event, were given plants and eco-friendly gifts.

Call to Scroll, Stop, Think

Sidhee Bohra

The Department of Mass Communication marked Social Media Day with an engaging and educational event that blended learning with interactive activities. Held on June 30, 2025 the celebration focused on the influence of social media in modern life and aimed to raise awareness about its psychological and emotional impact.

The event featured guest lecture by Sushma Srinivasan, an expert in media psychology, who spoke extensively about the phenomenon of FOMO (Fear of Missing Out), the anxiety that arises from the belief that others are experiencing better or more fulfilling activities, often triggered by social media posts. Ms. Srinivasan also addressed the topic of ‘digital fatigue’, describing it as “Too much, too fast, too long,” and highlighting the emotional burn-out caused by constant over-stimulation through digital platforms.

As part of the lecture, several hands-on activities were conducted that helped students reflect on their digital habits. Another activity, ‘Scroll, Stop, and Share’, had students scroll Instagram Reels or YouTube Shorts for a minute and share what they viewed with a peer, followed by a mindfulness activity that made students reflect their everyday choices.

Fun board games and photo booth with social media props drew enthusiastic student participation.



Clicking Pictures, making Memories

Breaking the Script : Love, Caste and Class in Indian Cinema



N.S Sanjiti
Chief Editor

In the country where cinema takes on various faces, such as Tollywood, Bollywood, and Kollywood, among others, cinema is not just entertainment, but one of the most powerful architects of social perspective. Nowhere is its influence more pronounced than in shaping how young people perceive gender roles and relationships.

From the melodious romances of the 1990s to today's pan-India and re-

gional blockbusters, films have long been delivering unscripted lessons about masculinity, femininity, love, courtship, caste and class.

Historically, Indian mainstream cinema has not been shy about reinforcing traditional stereotypes such as the self-sacrificing mother, the 'macho' hero, and the demure love interest. These are tropes that are deeply ingrained in our popular culture. These kinds of images strengthen narrow expectations within our society. For example, men are often portrayed as providers, women as caretakers.

Many scenes, such as the persistent pursuit of the female lead or instant forgiveness of toxic male behaviour in the name of love, are normalised and in fact widely accepted. These scenes are not only affecting the youth's idea of love and behaviour but also silently influencing their understanding of

what constitutes romance or "acceptable" relationship dynamics.

At the same time, Indian Cinema has always portrayed Dalits, Adivasis, and other marginalised communities in one-dimensional roles such as a mere love story showing a lower-caste boy falling in love with an upper caste girl or using caste merely as a backdrop for heightened drama. Moreover, caste struggles are blatantly ignored in a space where they can be brought to the limelight. Films such as *Maamannan*, *Jai Bhim* and *Vaazhai* made an effort to highlight the struggles of the marginalised. It is high time Indian cinema focused on showing the realities of society through the lens of cinema.

Today, we see a welcoming change as Indian cinema is slowly but steadily making feeble attempts towards creating cinema which is free from stereotypes and traditional gender roles.

Films like *Thappad*, *Great Indian Kitchen*, *Kumbalangi Nights*, *Iraivi*, etc., are not afraid to question gender roles, consent and the place of women in society. Such films are pushing audiences to question the double standards in our society and are serving as counter-narratives, highlighting the power of cinema not only to reflect society, but to reshape it.

On the other hand, when regressive ideas are glamorised, the industry fails its youth, its most important audience. Which is why we should be conscious of the media we consume by questioning whether the actors we glamorise are taking up non-regressive roles. Are diverse voices being represented, or are we seeing the same story again and again? Rather than passively consuming content, it's high time we critically analyse and question this space, which constantly influences us.

Patriarchy: A Mental Cage



Tina Pathloth
Asst. Editor

Patriarchy, the deep-rooted social-construct in our society, promotes the notion of male superiority and female inferiority. It confines women, forcing them to live restricted and suffocating lives. At the same time, it imposes rigid expectations on men, preventing them from freely expressing their emotions and vulnerability.

We grow up with patriarchy ingrained in our minds, reinforced through our everyday practices. Society dictates how women must behave, imposes restrictions on them, and denies them the freedom to lead their own lives. In some parts of the country, people still do not consider women's education important denying financial independence. These are only a few examples of patriarchal control.

On the other hand, patriarchy demands that men act as protectors, providers, and dominant figures, mentally confining them by discouraging

emotional expression. It forces them to remain in a shell, always appearing strong and never vulnerable.

The recent case of Radhika Yadav, a national tennis player tragically murdered by her own father, illustrates how patriarchy, misogyny, and social mockery can destroy society and personal relationships. It reflects two critical issues: the rejection of women who strive for independence and success, and the way patriarchy breeds insecurity in men, particularly when a woman becomes the provider.

Even today, people question a rape survivor's clothing, behaviour, and upbringing, while rarely blaming the monstrous men who commit such inhumane acts.

Abolishing patriarchy remains a distant dream for our society. We can achieve it only when irrespective of whether one is man, women or any gender should be treated with respect and when collectively they share each other's burdens and responsibilities for the well being of all in the society. Breaking this mental cage will liberate women, men, and people of all genders alike from the chains of toxic expectations. Equality is not a threat, it is the only path to a truly harmonious and thriving human society.

"Injustice anywhere is a threat to justice everywhere".

- Martin Luther King Jr.

HOD- Mr. K. Ravi Kumar
Faculty incharge- Ms. T. Suzan Spurthi
Technical support: Mr. Ram Medida,
Ms. Y. Bhavya

EDITORIAL BOARD

Chief Editor- N.S Sanjiti
Asst. Editor - Tina Pathloth
News Editor: Manvitha Sarayu , Tanusree Gupta
Sub Editors: Harshitha Tammeneni, Keyaa Waikar
Features Editors: Tanisha Jain, Teki Mounika
Chief Reporters: Tara Anwar, P. Sree Lasya
Campus Reporters: A.Paata, Vipra Singh, Muskan Mishra

DESIGN AND LAYOUT TEAM

Layout Editor- Snigdha Bhupathi
Asst. Layout Editor - Bushra Shareef
Designers: P. Hasini Yadav, M. Divya Shalini, Harshitha Tammeneni
Marketing Dept: Prarthana Gupta, Yukti Jain
Social Media: Dipisha Agarwal, Arpita Agarwal, Ishi Vijayvargi, Sidhee Bohra

Ceremonial Farewell



Bidding Adieu

Muskan Mishra, Paata A

After dedicating 16 wonderful years to teaching at St. Francis College, Dr. Sumalatha, former Head of the Department of Chemistry, shared her thoughts and emotions as she stepped into retirement on June 13, 2025.

Throughout her time at the college, Dr. Sumalatha balanced many responsibilities with grace and commitment. She described her journey as a teacher as an extremely rewarding one and said that being a part of the academic world gave her great happiness and purpose.

She also reflected on her initial few days of teaching and quoted "With my first batch, I had the passion to prepare extensively and give

them as much as possible."

As the years passed, she gained more experience and became a subject expert.

Now, Dr. Sumalatha admits she misses the vibrant college life but enjoys her peaceful new routine, spending time shopping and doing things she couldn't focus on earlier. She also hosted a heartfelt lunch for the faculty, bringing everyone together in gratitude and laughter, and shared an inspiring message for all professionals—urging them to stay busy, work hard, and uphold humility, honesty and passion for their work.

The St. Francis College community thanks her for her immense contributions to the Department of Chemistry and wishes her a happy, healthy, and fulfilling new chapter.

"I missed being in the classroom as much as I wanted. Teaching was always my favorite part of the job," said Dr. Sumalatha.

College staff unwind at Celebrity Resorts

Hasini Yadav, P. SreeLasya

On July 26, 2025 St. Francis collegemanagement treated its teaching staff to a rejuvenating, picnic. Despite the weather, the staff's spirits remained high. They bonded over indoor games like rummy, snooker and carrom, and had a blast creating reels dancing and taking fun photos.

The day was filled with meaningful moments, including a soulful worship session and a wholesome breakfast and lunch. Laughter, playful banter and shared experiences created a joyful atmosphere, fostering togetherness among the staff across departments.



Fun, games & togetherness

Hidden talents unleashed at Hidden Castle!



Enjoying the game of tug - of - war

Ishi Vijayvargi, Dipisha Agarwal

The non-teaching staff of St. Francis were taken on a picnic by the management to Hidden Castle, a resort known for its lush greenery and grand architecture. The trip was thoughtfully organised to provide a welcome break from routine while strengthening team bonds through shared experiences in a refreshing setting.

The day's activities included exploring scenic parts of the resort, thrilling adventures like rope climbing, cycling, and refreshing dips in the swimming pool. Fun games like tug-of-war and other friendly competitions added

to the excitement, promoting joy and wholehearted participation among staff members.

The relaxed atmosphere encouraged open conversations, laughter, and cross-departmental bonding, forging stronger relationships beyond the workplace. The outing provided an opportunity for staff members to connect with each other in a non-work setting, fostering a sense of camaraderie and teamwork.

The trip was a resounding success, allowing staff members to unwind and recharge while strengthening their bonds with colleagues.



Lighting Innovation. Trusted Worldwide.



BIS & ISO-9001-2015 registered company



Wiiz LED
Lights & Electricals LLP

For Trade Enquiries Call:
+91 9885777783, 040 - 23378000
Email: info@wiizled.com, www.wiizled.com

Pragya Mishra: Grace, Grit, and Glory

Tanusree Gupta, Arpita Agarwal

In the world of sports, some victories are not just about winning, they're about growing, becoming, and inspiring others. Pragya Mishra, our very own Franciscian star, has done just that. Representing Hyderabad at the 11th Telangana State Senior Inter-District Softball Championship, Pragya earned the title of Best Batter, leading her team with powerful swings and an unshakable presence. Her performance wasn't just fierce it was personal. With wins against Hanmakonda (13-0) and Mahaboobnagar (11-0), her game tells a story of discipline, endurance, and quiet determination.

Behind every strong player is a stronger support system and Pragya never forgets to honour hers. Pragya's gratitude also flows towards the people who've helped shape her as an athlete. Mr. Shobhan, Mr. Naveen and Mr. Krishna (leaders of the Telangana Softball and Baseball Associations) are dear to her. "They treat me like their own daughter. They've been my biggest strength, helping me navigate

not just my sport, but life itself," said Pragya. Their belief in her talent and constant encouragement continues to fuel her dreams.

One name that shines bright, is her



senior, Ms.Pravallika as she fondly calls Pravalika Didi. From intense game prep to emotional moments off the field, Pravallika has been her mentor, guide, coach, and biggest cheerleader. "She's been there through my best days and my toughest ones. She's my constant. I am who I am because she believed in me when I didn't believe in myself."

It all began with Mr. Srikanth her first coach, who saw potential in a

young girl picking up a glove for the first time. "He laid the foundation for everything I've achieved," She also extends heartfelt gratitude to Mr. Khadhar, Mr. Nagraj, Mr. Aniket, Mr. Sandeep and Mr. Ravi, who each played a role in polishing her skills and shaping her values.

And the journey is far from over. After securing 2nd place at the South Zone Nationals, Pragya and her team competed at the Senior Nationals, where the team proudly qualified for both the National Games and the upcoming Federation Cup. With the Federation Cup just weeks away, Pragya is already training harder than ever, her eyes set on greater victories, her heart full of gratitude, and her spirit firmly grounded in the Franciscian values that raised her.

For her, every swing of the bat is more than a move in the game, it's a promise to herself, her mentors, and her supporters that will keep pushing her forward. And as she steps onto the field again, she carries with her the hopes of her mentors, and the unshakable belief that the best is yet to come.

Game Fuel

Vipra Singh Bayas

On July 10, 2025, St. Francis College for Women erupted in playful energy, Krida Club, rolled out a series of carnival-style games, relay races, quizzes, tug-of-war, balloon relays, and potato-sack duels which got both students and staff enthusiastically involved, cheering each other on and forging vibrant camaraderie beyond classroom walls.

The following day, on 11 July, the Krida Club brought the celebrations to a rhythmic climax with an engaging dance performance featuring both staff and students, blending contemporary and folk moves into a vibrant finale full of synchronized smiles and lively beats.



Energizing the Spirit of Sportsmanship

Sidhee Bohra

From June 27 to July 10, 2025, the campus of St. Francis College for Women, Begumpet, was abuzz with energy, excitement, and fierce determination as the Annual Sports Selections kicked off. Over the two-week period, students participated enthusiastically to earn their place in the college sports teams.

The selections covered a variety of sports, including basketball, volleyball, throwball, badminton, athletics, football, and table tennis, among others. The events were conducted under the guidance and supervision of the Department of Physical Education, ensuring transparency, fair play, and equal opportunity for all aspirants.

"This year's selections saw an impressive turnout. The level of dedication from the students of all years was commendable," shared the Sports Coordinator, Dr. Amitha Daniel.

Senior students helped mentor juniors while also competing, making it a collaborative and competitive environment. First-year students, despite being new to college life, impressed the judges and seniors with their po-

tential and spirit.

The sports grounds and courts turned into arenas of talent and passion as students showcased not only their physical abilities but also qualities like teamwork, discipline, leadership, and resilience.

As the final selections were announced on 10th July, cheers and applause filled the air. The selected students will undergo training to represent the college in intercollegiate and state-level competitions this year.



VZN IS A SCAM

We scam people every day. How?
We give more than they paid for.
Better quality. Faster delivery. Extra perks. No BS.
You thought "standard"?
We hit you with premium.
If overdelivering is a scam —then yeah,
VZN is a scam.
Try us once. You'll get "scammed" for life.

This is VZN.
Born in Hyderabad,
Built for those who lead.
We're not riding the wave.
We are the wave.
And the winners?
They wear VZN.

Contact us on: vzn.fashion
 vzncloting.fashion@gmail.com
 vznfashion.in

From Campus to Village: St. Francis students foster dialogue & development

There is an innocence to childhood, a natural instinct to help without hesitation and overthinking. Witnessing hunger or pain, a child's immediate response is to offer comfort. However, as we grow, life's demands like bills, responsibilities, and the value of money shift our focus toward material measures. St. Francis College for Women rekindled this selfless spirit by joining the Unnat Bharat Abhiyan (UBA), a national initiative launched by the National Institute of Rural Development and Panchayati Raj urging educational institutions to adopt five villages each to foster rural development. On November 6, 2023, St. Francis became the first non-technical college to embrace this mission, adopting five villages: Vaddenaguda, Erdanoor, Lakshmi Nagar Colony, and Kandi and in every way striving to bring meaningful change to their lives.

Teki Mounika

On July 9, 2025, the Xpressions club coordinators: T. Suzan Spurthi and G. Sharon Sucharitha, along with three faculty members: Mr. Allen, Mr. Gokul and Dr. Priyanka and along with 62 students, began their journey to the villages. For smoother coordination and efficient engagement, the large group was divided into two teams.

As they entered the villages, they were greeted by curious eyes peeking from behind doors, shy smiles, and an eagerness to interact. Seeing this, the students quickly got to work. Equipped with microphones and speakers, they invited all villagers, adults and children alike, to gather at the panchayat office, where they performed street plays, skits, games, and songs.

At Vaddenaguda and Erdanoor, students performed a skit in the local dialect emphasizing the importance of girl child education and the benefits of Balika Samridhi Yojana (BSY), which explained eligibility, advantages, and the community's role in reducing gender bias. A dance act illustrated the emotional and psychological impact of alcohol abuse within a family, highlighting the wife's silent suffering, the husband's deteriorating mental state due to addiction, and

the friend's compassionate support, resonating deeply with villagers. Students also raised awareness about segregation of dry and wet waste and promoted the health benefits of wheatgrass, encouraging sustainable practices and healthy living. Additionally, a skit on Sukanya Samridhi Yojana informed families about systematic savings for daughters' futures, sparking interest and collecting contact information for follow-up assistance.



Connecting Campus with Communities

At Ippalagadda and Kandi, three key activities were conducted: a Nutritional Awareness Session educating children on the value of protein-rich foods through interactive games and visual aids, concluding with the distribution of chikki to 100 children; an Educational Session on Vedic Mathematics by the mathematics

department students, introducing basic geometry concepts to around 80 children using game-based learning to foster engagement and confidence; and a Plantation Drive involving students and villagers working together to promote environmental awareness and sustainability through tree planting.

The Xpressions Club of St. Francis donated microphones and speakers, and conducted an orientation session for school

dren ran up to ask, "When will you come back?" This simple question stayed with many students, treasured as a heartfelt reminder of the meaningful connections made during the visit.

The Xpressions Club, along with all 62 students, express their heartfelt gratitude to Principal Prof. T. Uma Joseph, the Management of St. Francis, and Ms. Rupali, UBA coordinator, for their invaluable support, guidance, and the opportunity to be part of such a noble cause.

Back on campus, students reflected on how the visit had shifted their perspectives, some began to see rural life in a new light, while others were eager to join volunteer organizations. "There's no reason to wait," one student declared with quiet determination. What started as a college initiative had profoundly become something personal.

For Ms. Rupali, the connection is even deeper; over time, villagers invited her to weddings, festivals, and family milestones. She recalls a poignant moment when a villager called not for help, but to share the birth of his newborn son. "They now call me the daughter of the village," she said, her voice catching, a testament to the journey's true heart: lives intertwined and lasting change born from simply showing up and staying.

Story of Tejarani: From Humble Beginnings to High-Tech Dreams



The College Management meets the Benefactors

Tanisha Jain

I vividly remember my first day at college. I felt both excited and nervous. When the lecturer asked me to introduce myself in front of my classmates, a task which was seemingly simple felt daunting. I stumbled over my words. Everyone started laughing, and I felt embarrassed." That moment of embarrassment became a catalyst for change for Tejarani.

In a quiet colony in Sangareddy resides a young girl named CH Tejarani, whose humble beginnings have never deterred her from aspiring to

become a software engineer, even when circumstances might suggest otherwise. Her childhood was filled with adversities, yet she maintained a steadfast conviction that, "Someday, I will surpass the expectations society has of me and prove myself." From her formative years in a Telugu-medium school, she had an unwavering belief in the transformative power of education. This hope became a reality when St. Francis recognised her potential and awarded her a generous scholarship, setting her on a path towards her ambitions.

Earning admission to St. Francis pushed her into an entirely unfamiliar

world. Every aspect such as language, culture and surroundings posed a challenge. There were days when she felt homesick and moments where giving up felt much easier. Yet, she persisted. Guided by the mentorship of Ms. K. Devi, Ms. Rupali, and Ms. Kavita, she gradually gained confidence, excelled academically, and now confidently pursues her dream of becoming a software engineer.

Tejarani's aspirations extend beyond personal success; she seeks to inspire every young girl who, while sitting in a classroom, may wonder if her dreams are beyond reach. To every girl striving for education amidst adversity, she offers this message: "Never abandon your dreams. Have

faith in yourself, seek out opportunities, and dare to take the first step." Tejarani, who overcame challenges and steadily pursues her goals, stands as a beacon of hope, showing that daring to follow one's dreams and making consistent efforts brings us one step closer to achieving success.

"Someday, I will surpass the expectations society has of me and prove myself."



Reasons for Smile

Dipisha Agarwal
Hyderabad



Prestigious Academic Rank



Our Dear Principal's Birthday



Welcoming New Staff



Orientation 2025



Gearing up for NAAC



College Magazine Release



Free Health Screening @ SFC



Bethel Store Reopened



New Dreams Unfold



Leadership Badged



IQAC Workshop for Student Leaders



CPR Training



Dance Fusion - East meets West by Government of Telangana



Grace & Grit



Brain Busters

STAND I	_PROGRAM	↓TOWN
T42	DEATH / LIFE	GROUND FEET FEET FEET FEET
1	CYCLE CYCLE CYCLE	DEAL
_____ Taylor swift	Think you speak	KNEE (Preposition) LIGHTS

Cross Campus

A crossword puzzle grid on a yellow background. The grid consists of white squares for letters and empty space. Eight numbered squares indicate the starting points for the clues: 1 (Down), 2 (Across), 3 (Down), 4 (Across), 5 (Across), 6 (Across), 7 (Across), and 8 (Across).

- HINTS:
- ACROSS**
- 2. Books live here. So do stressed students during finals.
 - 6. Campus’s biggest hall — open from every side.
 - 7. Campus sports hub that doesn’t need sunscreen.
 - 8. Where fries speak louder than finals.
- DOWN**
- 1. Clean is cool - sfc project proved it.
 - 3. US-themed hub for student seminars and placements.
 - 4. From attendance to accounts, they run the system behind the scenes.
 - 5. A name shared with a bird, but sings as a choir.

ANSWERS:
Across
Library, Auditorium, Indoor stadium, MeaRosa
Down
Shubram, American corner, IT admin, Nightingale
ANSWERS:
I Understand, Space Program, Down Town, Tea for Two, Life after death, Six feet underground, Whole in one, Tricycle, Big deal, Blank space, Think before you speak, Ne-on lights

Ink & Echo

- Tina Pathloth

St. Francis college for women,
a place where women strive,
thrive and revive.
Campus filled with variety of
flowers,
welcoming guests through its
feathery showers.
The evergreen trees standing tall,
a gentle breeze flowing through all.

Canteen filled with variety of food,
that fits your taste in every mood,
shakes, noodles and sandwich too,
shared with friends both old and
new.

The quadrangle serving as an open
field,
where girls dance, sing, pray and
heal,
filled with hope, enthusiasm and
zeal.

The shubram managing the waste,
where leafs, leftovers and covers
are converted and replaced.
The indoor stadium where games
are played,
badminton basketball pave the
way,
where winning losing is everyday,
therefore let’s call it a day.
The classrooms full of benches and
desks,
where the giggles of the student
echoes across all the trenches.

Girls in their crafted kurtis,
wearing jhumkas that complete
these beauties.
Having the unforgettable time of
their life,
where their youth shines complete-
ly feeling alive and away from
strife...

INSIDE JOKE

A comic strip with six panels. In the first panel, three girls discuss a ₹1500 budget for a fest stall. The second panel shows them deciding to 'invest in vibes'. The third panel shows a 'DIY PHOTO BOOTH' stall. The fourth panel shows a boy asking if it's the official fest photo spot. The fifth panel shows the girls saying they might be broke. The sixth panel shows them concluding they are the main event.